

# Going Tobacco-Free

A look at the evidence.....



Research shows that tobacco-free hospitals have a number of health and safety benefits for patients. The Centre for Addiction and Mental Health (CAMH) recently went tobacco-free—part of a growing trend in health care centres across Canada.

Join CAMH's **Dr. Tony George** and **Dr. Peter Selby** for an interactive webinar discussion about the evidence for going tobacco-free.

HAVE A QUESTION about the evidence you'd like answered during the webinar? Email [eenet@camh.ca](mailto:eenet@camh.ca) or post it in [www.eenetconnect.ca](http://www.eenetconnect.ca) now.

**WHEN:** September 9, 2014  
11am-12noon

**[Register here!](#)**



**DR. TONY GEORGE** is Chief of the Schizophrenia Program and Medical Director of the Complex Mental Illness Program at CAMH. He is an expert in the pharmacology of drugs of abuse, co-morbid substance abuse and serious mental illness. His research focuses on the cognitive neuroscience of addictions and treatment of tobacco addictions in special populations. His work involves preclinical studies in animals, human laboratories and clinical trials to build the knowledge base and translate research findings into better tools for clinicians.



**DR. PETER SELBY** is the Chief of Addictions and Clinician-Scientist at CAMH. He is Professor in the Departments of Family and Community Medicine and Psychiatry Faculty of Medicine and the Dalla Lana School of Public Health at U of T. He is the executive director and creator of the TEACH project, a continuing education certificate program in Applied Counselling for Health with a focus on smoking cessation, through U of T. His research focuses on smoking cessation especially in smokers with co-morbid conditions.