Seeking Youth Mental Health Changemakers!

Do you have an idea to create awareness and change towards mental wellness in your community?

**WHO?**
Seeking young people across Canada who are between the ages of 15-29, and are passionate about mental health and creating change within their communities.

**WHAT?**
Online mentorship from mental health professionals to develop your idea, including help with obtaining grant money, skill building, and more!

**WHEN?**
Regular online meetings from April to September 2020

**WHY?**
Gain skills and knowledge to bring your ideas to life, and make positive change! Be part of the Canada Service Corps, a national network of youth organizations and unique opportunities that empower young people to make an impact.

Online Design Lab from April to September, 2020 with mindyourmind

Apply by **April 3, 2020** [https://forms.gle/4gVBsgiYB9aLGN5L6](https://forms.gle/4gVBsgiYB9aLGN5L6)