Mental Health & Addictions North COVID-19 Innovations

Health Sciences North & Monarch Recovery Services Flex-Bed Unit





Health Sciences North Foundation | Fondation Horizon Santé-Nord

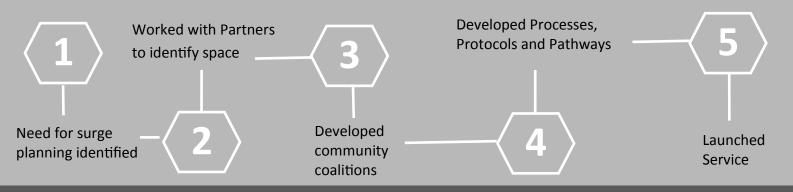
The Challenge

The COVID-19 pandemic has resulted in longer admission times for Acute Inpatient Psychiatry patients due to closure of treatment centres and difficulty in securing housing options in the community. This has made maintaining a safe social distance for inpatients and staff increasingly challenging, and has led to an increased need to relocate patients out of higher risk hospital setting. A need for surge planning for a potential Mental Heath and Addictions crisis was identified.

The Solution

- Due to COVID-19, Monarch closed their 14 bed residential treatment home and offered the beds to HSN.
- Staff were leveraged from both organizations to create a new staffing model that could support patients transitioning from hospital to a residential setting.
- Virtual supports were developed for patients to continue to receive Psychiatrist and GP care.
- This Flex-Unit allowed us to bridge and support needs of patients that were waiting for housing, treatment beds or were approaching discharge requiring some final stabilization of symptoms.

The Process



For more information on Health Sciences North (HSN) and Monarch Recovery Services Flex-Bed Unit , contact:

Natalie Aubin - naubin@hsnsudbury.ca Russell Landry - rlandry@hsnsudbury.ca Meckenzie Warrington - mw@srmonarchrs.ca Anne Sprack - asprack@hsnsudbury.ca Roxane Zuck - rz@srmonarchrs.ca