

# FAMILY VOICES NEEDED!

## RESEARCH OUTCOMES IN ADOLESCENT DEPRESSION STUDIES

### WHAT IS IT?



- **IN-ROADS** (International Network for Research Outcomes in Adolescent Depression) is a research project that looks into which **outcomes** (things that changed with treatment, like a person's energy levels or mood) matter most when treating youth depression.
- This project includes youth, family members, doctors and therapists.
- Researchers tend to measure outcomes that *they* think are important, meaning **different researchers measure different outcomes**; this can make it difficult to compare findings from different studies to find out which treatments work the best!

### OUR GOAL

- Create a **core outcome set** — a specific set of the most important outcomes of treatment — that includes the **outcomes most important to youth and family members of youth who have experienced depression**.
- Use this outcome set as a **standard** to make sure that research is based on **outcomes that really matter**.

### WE ASK THAT YOU...

- Are a family member who supports or has supported youth living with depression (when the youth were between **12 to 17 years of age**)
- Have access to the internet and a device that can access Zoom.
- Be available for the online workshop between July and August 2021.

### HOW YOU CAN HELP

Our team is looking for family members to participate in a **one-time, 90-minute virtual workshop between July and August 2021** to provide your perspective on the most important outcomes that should be included in this core outcome set. **You will receive a \$25 gift card for your participation.**

### TO PARTICIPATE:

Please register  
<https://redcapexternal.research.sickkids.ca/surveys/?s=TXCCJDKXAM>  
or contact us at  
[inroads.initiative@sickkids.ca](mailto:inroads.initiative@sickkids.ca)