



Virtual Program 2022

Developed in partnership between the OAAF & BC ACT Teams

***All Times are Eastern Standard Time.*

1. Discipline Specific Meetings

Three 2 hour meetings annually for each discipline.

Cost: **Free for all staff**

Timeslots: Wednesdays 11:00 AM - 1:00 PM or 1:00PM - 3:00 PM

There is one zoom link for all sessions.

i)	Case Workers:	Jan 26 11-1; May 25 11-1; Sept 28 11-1
ii)	TL/Managers:	Jan 26 1-3; May 25 1-3; Sept 28 1-3
iii)	Nurses:	Feb 2 11-1; June 1 11-1; Oct 5 11-1
iv)	OTs:	Feb 2 1-3; June 1 1-3; Oct 5 1-3
v)	Peer Specialists:	Feb 9 11-1; June 8 11-1; Oct 12 11-1
vi)	Psychiatrists:	Feb 9 1-3; June 8 1-3; Oct 12 1-3
vii)	Social Workers:	Feb 16 11-1; June 15 11-1; Oct 19 11-1
viii)	Voc/Rec Specialists:	Feb 16 1-3; June 15 1-3; Oct 19 1-3
ix)	Addictions Spec.:	Feb 23 11-1; June 22 11-1; Oct 26 11-1
x)	Admin Assistants:	Feb 23 1-3; June 22 1-3; Oct 26 1-3

Register by Jan 21, 2022 for all three meetings.

2. Responsible Advocacy Across Community Agencies

Target audience: All F/ACT staff.

Course Director: Brendan Munden

One 2 hour session via Zoom.

Date: March 2, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Feb 15, 2022

3. **Early Signs/Symptoms of Common Medical Issues Experienced by ACT Clients**

Target audience: All F/ACT staff.

Course Director: TBA

One 2 hour session via Zoom.

Date: March 9, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Feb 15, 2022

4. **Introduction to CBT for all Staff**

Target audience: All F/ACT staff.

Course Director: TBA

One 2 hour session via Zoom.

Date: March 16, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Feb 15, 2022

5. **CBT for Psychosis**

Target audience: All F/ACT staff doing CBT for psychosis (individual or group)

Course Director: Nicola Wright PhD CPsych

Five 3 hour sessions via Zoom.

Dates: March 23, 30 April 6, 13, 20 2022

Wednesdays 2:00 PM - 5:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Feb 15, 2022

6. **ACT Clients Living with Borderline Personality Disorder**

Target audience: All F/ACT Staff

Course Director: Dr. John Maher

One 2 hour session via Zoom.

Date: April 27, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: March 15, 2022

- 7. Introduction to Cognitive Remediation**
Target audience: All F/ACT staff
Course Directors: TBA
One 2 hour session via Zoom.
Dates: May 4, 2022
Wednesday: 1:00 PM – 3:00 PM
Cost: **Free for staff on OAAF member teams and BC ACT Teams.**
(\$100 per person for non-members).
Deadline for registration: April 15, 2022

- 8. Addictions Care and Treatment for Complex Concurrent Disorders**
Target audience: All F/ACT staff
Course Directors: Dr. Jacky Siu and Dr. Adam Chodkiewicz
Two 2 hour sessions via Zoom.
Date: May 11, 18, 2022
Wednesdays 1:00 PM - 3:00 PM
Cost: **Free for staff on OAAF member teams and BC ACT Teams.**
(\$100 per person for non-members).
Deadline for registration: April 15, 2022

- 9. Addictions Updates for Psychiatrists & Addiction Specialists**
Target audience: Psychiatrists & Addiction Specialists
Course Directors: TBA
One 2 hour session via Zoom.
Date: May 25, 2022
Wednesday 1:00 PM - 3:00 PM
Cost: **Free for staff on OAAF member teams and BC ACT Teams.**
(\$100 per person for non-members).
Deadline for registration: April 15, 2022

- 10. F/ACT- FEST 2022**
In person OAAF conference at Camp Tamarack in Muskoka, Ontario.
Accommodation in shared cabins or personal tents.
3 days of plenary speakers on key topics.
Live music, campfires, open waterfront with canoes & kayaks.
Registration and cost details to be announced separately.
Hold the dates: Fri, Sat, Sun Sept 16,17,18 2022

11. **Introduction to Essential F/ACT Principles and Practices**

Target audience: New ACT and FACT staff working on a team for less than 2 years. (More experienced staff wanting a refresher course in basic ACT & FACT best practices are also most welcome.)

Course Directors: John Maher, Lisa Appleby

Four 2 hour sessions via Zoom.

Dates: Nov 2, 9, 16, 23 2022

Wednesdays 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Oct 15, 2022

12. **Motivational Interviewing and Supportive Counselling**

Target audience: All F/ACT Staff

Course Directors: Dr. Heather Fulton and Dr. Mahesh Menon

One 2 hour session via Zoom.

Date: Nov 30, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: April 15, 2022

13. **Supporting Clients Living with Acquired Brain Injury or Developmental Delay on ACT**

Target audience: All F/ACT Staff

Course Directors: TBA

One 2 hour session via Zoom.

Date: Dec 7, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams.**

(\$100 per person for non-members).

Deadline for registration: Nov 15, 2022

14. **Strengthening Indigenous Culture and Safety**

Target audience: All A/FACT Staff

Course Directors: VCH Aboriginal Health Team

One 2 hour session via Zoom.

Date: Dec 14, 2022

Wednesday 1:00 PM - 3:00 PM

Cost: **Free for staff on OAAF member teams and BC ACT Teams**

(\$100 per person for non-members).

Deadline for registration: Nov 15, 2022

OAAF – BC ACT Virtual Program Registration Form

Pre-registration is required for all participants.

Name: _____

Team name: _____

Team city: _____

OAAF Team Member: _____ BC ACT Team: _____

ACT Staff _____ FACT Staff _____

Email address: _____

(your Zoom link will be sent to this email address)

Please check all that you will be attending:

1. Discipline Specific Meetings (free for all):

Case Workers: _____

Team Leaders/Managers: _____

Nurses: _____

Occupational Therapists: _____

Peer Specialists: _____

Psychiatrists: _____

Social Workers: _____

Voc/Rec Specialists: _____

Addictions Specialists: _____

Administrative Assistants: _____

2. Responsible Advocacy _____

3. Early Signs/Symptoms of Common Medical Issues _____

4. Introduction to CBT for all Staff _____

5. CBT for Psychosis _____

6. ACT Clients & Borderline Personality Disorder _____

7. Introduction to Cognitive Remediation _____

8. Addictions & Complex Concurrent Disorders _____

9. Addictions Updates for Psych & Addiction Specialists _____

10. Intro to Essential F/ACT Principles and Practices _____

11. Motivational Interviewing/Supportive Counselling _____

12. Acquired Brain Injury/Developmental delay _____

13. Strengthening Indigenous Culture and Safety _____

Please email completed form: wblack@cmhastarttalking.ca

If your team is not an OAAF member team or you are not on a BC ACT team the cost is \$100 per person, per course. I am mailing a cheque for \$_____ to:

Wendy Black, 65 McDougall Dr., Barrie, ON L4N 7H6

Please make cheque payable to the: **Ontario Association for ACT & FACT**