

Join the Ontario Psychiatric Association

Keep Psychiatry Advocacy Thriving!

The Ontario Psychiatric Association is the **provincial voice of Ontario's psychiatrists.**

The OPA engages in systems advocacy relating to mental health, representing the interests of psychiatrists and individuals living with mental illness or substance use disorders.



Who are OPA members?

- Psychiatrists practicing in Ontario
- Associates in related disciplines (e.g. GP psychotherapy, family medicine, nursing, registered psychotherapy, social work, psychology, occupational therapy)
- Trainees in the above fields



What are the OPA's current areas of advocacy?

- **Mental Health Act Reform** – lobbying to remove legislative barriers so patients get the care they need when they need it (e.g. Form 3 criteria; Treatment Pending Appeal)
- Protecting delivery of **OHIP-covered psychotherapy**
- Supporting **Kiera's Law** to expand education for judges about domestic violence
- Fighting stigma against psychiatric illness in the **Ministry of Transportation's** 2018 updates to Medical Reporting requirements

JOIN THE OPA

Recruit-a-friend to receive a partial dues refund!

As a not-for-profit, the OPA relies on membership dues to do the work that only the OPA can do – serving the needs of psychiatrists and patients across the province.

OPA Member Benefits

Leadership Opportunities

- OPA Council
- Working groups
- Resident Advisory Council

Classified Listings

- Job board
- Office space
- Research recruitment

Affiliate Service Discounts

- Intelligent Office

Educational Partner Discounts

- PsychedUp CME
- UofT Psych Refresh Annual Review Course
- Sick Kids CCMH Learning Institute
- Leading Edge Seminars
- Caversham Booksellers
- PESI

Without our members, there is no OPA. Without the OPA, the province lacks a credible organisation to stand up for the mental health system needs of Ontarians.



ONTARIO
PSYCHIATRIC
ASSOCIATION

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Join us. Join your colleagues. Stand with us.

How is the OPA different from other associations?

The **Ontario Psychiatric Association** focuses on the interests of psychiatrists and the public in relation to mental health policy and systemic lobbying. The OPA is not directly involved in negotiating compensation matters but advocates for psychiatrists' concerns. OPA work is led by the OPA Council, a group of psychiatrists and resident trainees. OPA members are voluntary dues-paying psychiatrists, trainees, or associates.

The **Ontario Medical Association Section on Psychiatry** provides advice to the OMA regarding physician compensation negotiations with the Ministry of Health. The OMA advocates for all physicians, so the interests of psychiatrists or psychiatric issues are not necessarily prioritized. OMA dues are mandatory for physicians in Ontario.

The **Coalition of Ontario Psychiatrists** was formed in the 1990s as a partnership between the OPA and OMA. It was initially formed to provide a platform separate from the OMA to advocate more specifically regarding psychiatry compensation issues. Coalition membership includes 3 representatives from each of the OPA Council and the OMA Section Executives, as well as a Treasurer. The Coalition is funded by voluntary contributions from psychiatrists.

2023 OPA Membership Fees

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| Full Psychiatrists * | \$315 + tax |
| Early Career Psychiatrists (within 3 years of completing residency) | \$50/100/150 + tax |
| Members in training (medical students, psychiatry residents) | \$10 + tax |
| Associates * | \$115 + tax |
| Life Members | \$25 + tax |

** Recruit a colleague to join the OPA – you will each be eligible for a \$20 refund. At least one of you must be a new OPA member.*

Support the OPA

The OPA is grateful for voluntary financial contributions to our not-for-profit organization. Because the OPA is not a registered charity, these contributions are not eligible for tax receipts.

Sponsorship opportunities available.

The OPA is committed to remaining free of pharma-funding.

