

2024 MDPAC Psychotherapy Training Program

March to September 2024 VIRTUAL PROGRAM (via Zoom)

SPACE IS LIMITED REGISTER TODAY AT www.MDPAC.CA

The MDPAC psychotherapy training program is a training course for physicians (or nurse practitioners in primary care) wishing to develop a focused practice in psychotherapy or to increase their skills in providing psychotherapy in the context of a comprehensive family practice setting. While there are many models of therapy, it has become more apparent and empirically researched that the most important factor in healing is the therapeutic alliance or relationship. This program will focus on the basic core skills required to foster, manage ruptures of, and create safety within this relationship, while also learning ways to care for ourselves while caring for others.

Each weekend consists of both didactic and experiential components with adequate opportunities for feedback and interaction with presenters and colleagues. Participants are expected to attend each weekend and attend five online group program supervision sessions throughout the year.

NOTE: Sessions are NOT recorded. You must attend all 3 days "in person".

Missed modules can be taken in the next program offering. Missed supervision sessions cannot be made up.

DATES

MODULE 1: March 1-3 2024	Topic: Initial Assessment and Intake & the Therapeutic Alliance Presented by Dr. Alison Arnot & Dr. James Whyte
MODULE 2: April 5-7 2024	Topic: Therapeutic Presence & Providing Patient Safety Presented by Dr. Robin Beardsley and Dr. Harry Zeit
MODULE 3: May 3-5 2024	Topic: Ethics, Record Keeping, Medical/Legal Issues & Psychopharmacology Presented by Dr. Conrad Sichler, Dr. Kyle Greenway and Dr. James Whyte
MODULE 4: May 31 - June 2 2024	Topic: Boundaries, Transference, and Countertransference Presented by Dr. Robin Beardsley & Dr. Elizabeth Parsons
MODULE 5: September 20-22 2024	Topic: Trauma, Self Care, and Burnout Prevention Presented by Dr. Amy Alexander & Dr. Harry Zeit

SCHEDULE (NOTE: Times Indicated are EASTERN TIME ZONE)

Friday Evening 6:00pm – 9:15 pm (break from 7:30 to 7:45 pm)

Saturday and Sunday 12:30pm – 6:00pm (breaks from 2:00 – 2:30 pm, and 4:00 – 4:30 pm)

REGISTRATION FEES

Registration fees include program and supervision fees.

MDPAC Members: \$1750 Non-Members: \$2000

ACCREDITATION

MDPAC ACCREDITATION

Approved for a total of 60 hours of MDPAC Group CE credits per 5 Modules and 10 hours of MDPAC CCI credits for the entire 5 Module Course and 10 hours of MDPAC CCI credits for the Supervision.

CFPC ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada for up to 140 Mainpro+ credits which includes 5 supervision sessions.

CERTIFICATE OF COMPLETION

In order to receive a Certificate of Completion, the registrant must attend at least 95% of all the hours in the modules (57 of 60 hours) and at least 4 of 5 supervision sessions. Missed modules can be taken in the next program offering only. Missed supervision sessions cannot be made up.