

# Join the Ontario Psychiatric Association

Keep Psychiatry Advocacy Thriving!



The Ontario Psychiatric Association is the **provincial voice of Ontario's psychiatrists.**

The OPA engages in systems advocacy relating to mental health, representing the interests of psychiatrists and individuals living with mental illness or substance use disorders



## Who are OPA members and Associates ?

- Psychiatrists practicing in Ontario
- Associates in related disciplines (e.g. GP psychotherapy, family medicine, nursing, registered psychotherapy, social work, psychology, occupational therapy)
- Trainees in the above fields



## What are the OPA's current areas of advocacy?

- [Mental Health Law Reform](#) — lobbying to reduce legislative barriers so patients get the care they need when they need it (e.g. Form 3 criteria; Treatment Pending Appeal)
- Protecting delivery of [OHIP-covered psychotherapy](#)
- Supporting [Keira's Law](#) to expand education for judges about domestic violence
- Fighting stigma against psychiatric illness in the [Ministry of Transportation's](#) 2018 updates to Medical Reporting requirements
- Advocating for safeguards in [MAiD for mental illness](#)

## OPA Member Benefits

### Educational Partners

- PsychedUp CME
- UofT Psych Refresh Annual Review Course
- U Ottawa EK Koranyi Review Course
- SickKids CCMH Learning Institute
- Leading Edge Seminars
- Caversham Booksellers
- PESI
- McLean Hospital
- [Explorer Hop](#)

### Leadership Opportunities

- OPA Council
- Working groups
- Resident Liaison Group

### Classified Listings

- Job board
- Office space
- Research recruitment

### Wellness & Service Affiliates

- Intelligent Office
- [SR Fax](#)
- Adelaide Club Toronto

**Without our members, there is no OPA. Without the OPA, the province lacks a credible organisation to stand up for the mental health system needs of Ontarians.**



ONTARIO  
PSYCHIATRIC  
ASSOCIATION

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# Join us. Join your colleagues. Stand with us.

## How is the OPA different from other associations?

The **Ontario Psychiatric Association** focuses on the interests of psychiatrists and the public in relation to mental health policy and systemic lobbying. The OPA is not directly involved in negotiating compensation matters but advocates for psychiatrists' concerns. OPA work is led by the OPA Council, a group of psychiatrists and resident trainees. OPA members are voluntary dues-paying psychiatrists, trainees, or associates.

The **Ontario Medical Association Section on Psychiatry** provides advice to the OMA regarding physician compensation negotiations with the Ministry of Health. The OMA advocates for all physicians, so the interests of psychiatrists or psychiatric issues are not necessarily prioritized. OMA dues are mandatory for physicians in Ontario.

The **Coalition of Ontario Psychiatrists** was formed in the 1990s as a partnership between the OPA and OMA. It was initially formed to provide a platform separate from the OMA to advocate more specifically regarding psychiatry compensation issues. Coalition membership includes 3 representatives from each of the OPA Council and the OMA Section Executives, as well as a Treasurer. The Coalition is funded by voluntary contributions from psychiatrists.

## JOIN THE OPA

<https://www.eopa.ca/membership/become-a-member>

As a not-for-profit, the OPA relies on membership dues to do the work that only the OPA can do — serving the needs of psychiatrists and patients across the province.

## 2024 OPA Membership Fees (CAD)

Full Psychiatrists *	\$315 + tax
Early Career Psychiatrists (within 3 years of completing residency)	\$50/100/150 + tax
Members in training (medical students, psychiatry residents)	\$25 + tax
Associates *	\$115 + tax
Life Members	\$25 + tax

*\* Recruit a colleague to join the OPA — you will each be eligible for a \$20 refund. At least one of you must be a new OPA member.*

## Support the OPA

The OPA is grateful for voluntary financial contributions to our not-for-profit organization. Because the OPA is not a registered charity, these contributions are not eligible for tax receipts.

Sponsorship opportunities available.

The OPA is committed to remaining free of pharma-funding.

