

YOUTH VOICES NEEDED!

RESEARCH OUTCOMES IN ADOLESCENT DEPRESSION STUDIES

WHAT IS IT?



- **IN-ROADS** (International Network for Research Outcomes in Adolescent Depression) is a research project that looks into which **outcomes** (things that changed with treatment, like a person's energy levels or mood) matter most when treating youth depression.
- This project includes youth, family members, doctors and therapists.
- Researchers tend to measure outcomes that *they* think are important, meaning **different researchers measure different outcomes**.

OUR GOAL

- Create a **core outcome set** — a specific set of the most important outcomes of treatment — that includes the **outcomes most important to youth**.
- Use this outcome set as a **standard** to make sure that research is based on **outcomes that really matter**.

WE ASK THAT YOU...

- Are between the ages of 12 and 24.
- Have experience living with depression presently or in the past
- Have access to the internet and a device that can access Zoom.
- Be available for the online workshop between March and May 2021.

HOW YOU CAN HELP

Our team is looking for youth to participate in a **one-time, 90-minute virtual workshop between April and May 2021** to provide your opinion on the most important outcomes that should be included in this core outcome set. **You will receive a \$25 gift card for your participation.**

TO PARTICIPATE:

Please register at
<https://redcapexternal.research.sickkids.ca/surveys/?s=9Y3EDDA99C>
or contact us at
inroads.initiative@sickkids.ca