

# Bowel Management Strategies for Medically Complex Children and Youth

March 25, 2025, 9:00am - 12:00pm | VIRTUAL MEETING

REGISTER FOR THE  
WEBINAR

Join the Conversation! **Dr. Melanie L. Schmidt, MD**, will be leading a virtual lecture on Bowel Management Strategies for Medically Complex Children and Youth. Gain Insight into the underlying causes and risk factors.

## Learning Objectives:

- Understand the underlying mechanisms and risk factors contributing to constipation in children with complex medical conditions.
- Recognize pharmacologic options that are most effective in addressing the underlying mechanisms of constipation in each patient.
- Evaluate and recommend non-pharmacological approaches to enhance bowel management in medically complex children.
- Identify when further diagnostic evaluation or specialized referral to pediatric gastroenterology is necessary for the management of constipation.

Dr. Schmidt completed her medical education and post-graduate training in Pediatrics and Pediatric Gastroenterology in São Paulo, Brazil. She moved to Toronto in 2017 for further training at the Hospital for Sick Children. In September 2023, she joined the Department of Paediatrics at the Children's Hospital, London Health Sciences Centre. Her clinical interests include pediatric intestinal failure, neurogastroenterology, and motility disorders.



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