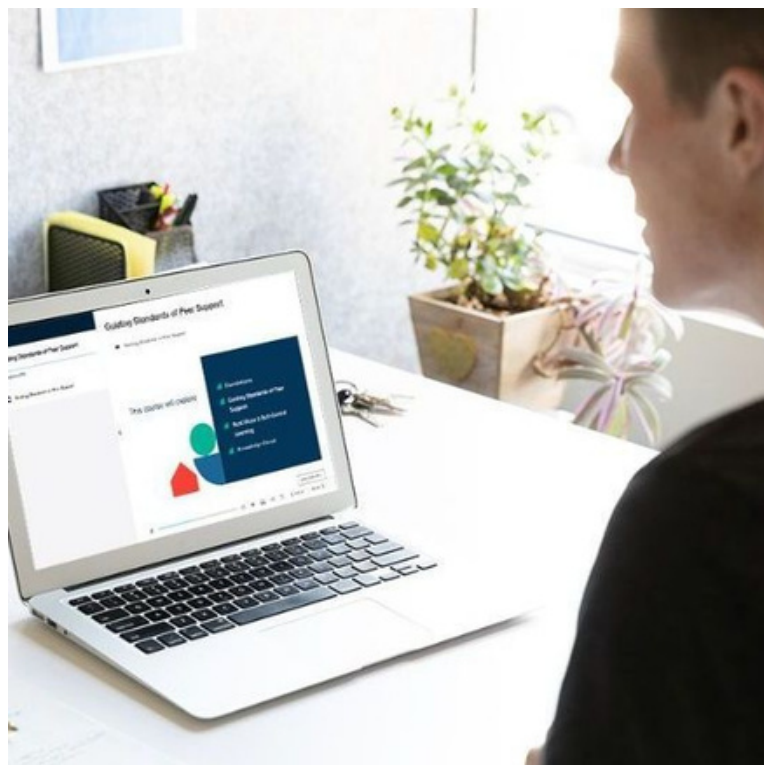


Building Capacity for Lived Experience Roles



New self-directed training sets best practices in person-centered care and empowerment



Support House continues establishing new benchmarks in peer support excellence through our Centre for Innovation in Peer Support. Leveraging our experience as a provincially recognized thought leader in peer support, we've launched two branches of self-directed learning modules. One branch will advance the peer support profession, while the second focuses on how to engage and co-design roles for individuals who have lived or lived experience for advisory tables, working groups, committees, boards, and government policy.

In Ontario's Roadmap to Wellness, Peer Support has been identified as a core service. Engagement, co-design and partnership with lived experience (inclusive of patient, client, family, and caregivers) is an essential building block that is foundational to the Ministry of Health, the Mental Health Addictions Centre of Excellence, Ontario Health and Ontario Health Teams,

"These modules are the first of what will be a comprehensive library of self-directed learning," explains Betty-Lou Kristy, Director of Support House Centre for Innovation in Peer Support. "Our goal is to co-design and co-create an inclusive, trauma-informed and equitable healthcare response, regardless of complexity."

[Learn more](#) by visiting our website.

New branches of e-learning modules



Peer Support Professional Development

For people and organizations looking to gain a better understanding of professional peer support practice.

[Learn more](#)



Lived Experience Engagement and Co-Design

For anyone interested in building more meaningful and equitable engagements with those with lived experience and/or family/caregivers.

[Learn more](#)

Course Highlights Include:



Access our invaluable (and free!) training resources

[Learn more](#)

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