What you always wanted to know about wearable technology in mood disorders

Join for this live webinar on
**May 21, 2025
12:00-1:00 p.m. ET**

OVERVIEW

The interactive presentation explores the journey of wearable use in mood disorders treatment, from the question of "why wearables" to their use. Real-world case studies and current research illustrate the following:

- ✓ Critical challenges and mitigation strategies

- ✓ Population-specific considerations in studies

- ✓ Developing a roadmap for clinical use

- ✓ Future directions and why we are not ready to make predictions

Cost and registration

To attend, you must register online.

- For this webinar only: $30. Register here: https://app.certain.com/profile/3445347 ↗
- For all four webinars: $100. Register here: https://app.certain.com/profile/3445537 ↗

These events are free for CAMH staff, physicians, patients and their partners, which includes family (as identified by the patient), patient engagement co-facilitators, and peer support. Note: This free registration requires a CAMH email address.

For more information, contact
courses.help@camh.ca

MEET THE PRESENTER

Abigail Ortiz, MD, FRCPC., Senior scientist, General Adult Psychiatry and Health Systems Division CAMH. She is also the lead for the Bipolar Disorder Integrated Care Pathways at CAMH and Associate Professor, University of Toronto.

Abigail's research focuses on patients with mood disorders, particularly those with bipolar disorder. For her research, Abigail uses wearable devices and new analytical approaches based on tools from mathematics and physics (nonlinear techniques) to understand mood regulation and to forecast episodes of illness.

Audience

- Health care professionals: Academics, leaders, practitioners, planners and researchers.

- People with lived/living experience: Families, patients, peer support workers, and program engagement co-facilitators.

Accreditation

Information will be provided.

Agenda

- 4 min.: Welcome and introduction
- 40 min.: Interactive presentation
- 15 min.: Questions and answers, with discussion
- 1 min.: Wrap-up

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