

Join the Ontario Psychiatric Association

Keep Psychiatry Advocacy Thriving!



The Ontario Psychiatric Association is the **provincial voice of Ontario's psychiatrists.**

The OPA engages in systems advocacy relating to mental health, representing the interests of psychiatrists and individuals living with mental illness or substance use disorders



Who are OPA members and Associates ?

- Psychiatrists practicing in Ontario
- Associates in related disciplines (e.g. medicine, medical psychotherapy, nursing, registered psychotherapy, social work, psychology, occupational therapy)
- Trainees in the above fields



What are the OPA's current areas of advocacy?

- [Mental Health Law Reform](#) — advocating to reduce legislative barriers so patients get the care they need when they need it (e.g. MHA; Treatment Pending Appeal, CTOs)
- Protecting delivery of [OHIP-covered psychotherapy](#)
- Fighting stigma against psychiatric illness and refining psychiatrists' role in the [Ministry of Transportation's](#) updates to Medical Reporting requirements
- Advocating for safeguards in [MAiD for mental illness](#)
- New initiative to support [Newcomers and Refugee Mental Health](#)

OPA Member Benefits

Educational Partners & Affiliates

- UofT Psych Continuing Prof'l & Practice Dev't
- Psychiatry Review Courses:
 - UofT Psych Refresh
 - U Ottawa - EK Koranyi
 - Western U - Chandarana
- PsychedUp CME
- SickKids CCMH Learning Institute
- Leading Edge Seminars
- Caversham Booksellers
- PsychWire
- [PESI](#)
- McLean Hospital
- [Explorer Hop](#)

Leadership Opportunities

- OPA Board of Directors
- Scientific Committee
- Working Groups, Task Forces
- Resident Liaison Group

Classified Listings

- Job board
- Office space
- Research recruitment

Wellness & Practice Affiliates

- Adelaide Club Toronto
- [Movemate](#)
- [Intelligent Office](#)
- [1Password](#)
- [SR Fax](#)
- [1-800-GOT-JUNK?](#)

Discounts

- Perkopolis

Without our members, there is no OPA. Without the OPA, the province lacks a credible organisation to stand up for the mental health system needs of Ontarians.



ONTARIO
PSYCHIATRIC
ASSOCIATION

opa@eopa.ca • www.eopa.ca



Join us. Join your colleagues. Stand with us.

How is the OPA different from other associations?

The **Ontario Psychiatric Association** focuses on the interests of psychiatrists and the public in relation to mental health policy and systemic lobbying. The OPA is not directly involved in negotiating compensation matters but advocates for psychiatrists' concerns. OPA work is led by the OPA Board, a group of psychiatrists and resident trainees. OPA is funded by voluntary dues from members (psychiatrists, trainees) and associates.

The **Ontario Medical Association Section on Psychiatry** provides advice to the OMA regarding physician compensation negotiations with the Ministry of Health. The OMA advocates for all physicians, so the interests of psychiatrists or psychiatric issues are not necessarily prioritized. OMA dues are mandatory for physicians in Ontario.

The **Coalition of Ontario Psychiatrists** was formed in the 1990s as a partnership between the OPA and OMA. It was initially formed to provide a platform separate from the OMA to advocate more specifically regarding psychiatry compensation issues. Coalition membership includes 3 representatives from each of the OPA and the OMA Section Executives, as well as a Treasurer. The Coalition is funded by voluntary contributions from psychiatrists.

JOIN THE OPA

<https://www.eopa.ca/membership/become-a-member>

As a not-for-profit, the OPA relies on membership dues to do the work that only the OPA can do — serving the needs of psychiatrists and patients across the province.

2025 OPA Membership Fees (CAD)

Full Member: Psychiatrist in Ontario* <i>fee reduction available for part-time</i>	\$315 + tax
Full Member: Early Career within 3 years of completing residency	\$50/100/150 + tax
Members in training: Psychiatry residents & fellows in Ontario	\$25 + tax
Associates with Independent Practice License* [non-voting]	\$115 + tax
Associate Trainees, incl. med students [non-voting]	\$0

** Recruit a colleague to join the OPA — you will each be eligible for \$20 dues relief.
At least one of you must be a new OPA member.*

Support the OPA

The OPA is grateful for voluntary financial contributions to our not-for-profit organization. Because the OPA is not a registered charity, these contributions are not eligible for tax receipts.

Sponsorship opportunities available.

The OPA is committed to remaining free of pharma-funding.

